

Quality Care in the Berkshires



Offering

Short-Term Rehabilitation – Transitional care to maximize recovery and help you return home following surgery or a critical health-related event

Skilled Nursing Care – Just the right level of care for recuperation following a hospital stay or chronic condition flare-up

Long-Term Care – Around-the-clock nursing care and supervision and assistance with daily living

Specialty Care – Ventilator program to support ventilator-dependent patients or wean dependence when possible; Behavioral Health Program for those with chronic psychiatric conditions; dedicated orthopedic recovery room for patients recovering from joint replacement or other orthopedic surgery; wound care; bariatric capabilities; restorative nursing care for those who need a little extra help; VitalStim® therapy, a proven treatment for dysphagia; and on-site consultations from doctors and specialists.

Alzheimer's and Dementia Care – For those with memory impairment, compassionate care to maintain dignity and independence

Respite Care – A brief stay when family members or in-home caregivers need extra support or a little time away

Hospice Program – Hospice services available for compassionate end-of-life care


Award-Winning Care

We work hard every day to provide an outstanding level of care, and it shows. The American Health Care Association/National Center for Assisted Living (AHCA/NCAL) recognized Hillcrest Commons with the **Silver Commitment to Quality** award in 2017, the first step toward the Gold Excellence in Quality recognition. This prestigious award is given to select facilities across the nation that serve as models of performance excellence and continuous quality improvement in long-term care services. Consistent positive feedback on satisfaction surveys, conducted by an independent national firm, placed us among the top 10% in the nation.



Berkshire Healthcare is a not-for-profit consumer-centered organization committed to fulfilling the health and residential needs of the population in the communities we serve. Our network of resources and healthcare professionals allows affiliated facilities to consistently deliver the highest quality of care.

**Hillcrest
Commons**
Nursing & Rehabilitation Center

 A Member of Berkshire Healthcare
Managed by an Affiliate of Berkshire Health Systems

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Welcome
to a
*Community
of
Caring*



A Team Approach to Patient-Centered Care

Hillcrest Commons Nursing and Rehabilitation Center is a rehabilitation and skilled nursing facility near beautiful Onota Lake and close to Berkshire Medical Center. We have been caring for people in the Berkshire area since 1995, providing top-quality, personalized rehabilitation, nursing and long-term care in a warm, homelike setting.



A Network of Caring

Locally run and staffed by caring and attentive Berkshire-area healthcare professionals, Hillcrest Commons is backed by Berkshire Healthcare, a leader among non-profit, post-acute care providers in Massachusetts. This affiliation gives us the tremendous advantage of access to an extensive network of top healthcare professionals and other resources to support our programs and services.

Our core team includes nurses and nursing assistants, rehab therapists, social workers, activities staff, a dietitian, and our medical director. Together these professionals create a personalized care plan based on the individual's strengths, needs and abilities.

Keeping You Comfortable

Hillcrest Commons provides a safe, friendly place to stay featuring:

- 24-hour nursing care and supervision
- Spacious private and semi-private accommodations
- Private ortho rooms with room service dining
- All resident rooms wired for telephone and cable TV, and Wi-Fi service is available
- Assistance with activities of daily living
- On-site beauty/barber shop
- Two large activities rooms
- Elegantly furnished formal dining room, as well as private space for personal celebrations
- Well-maintained grounds with private spaces and two fully enclosed courtyards for enjoying fresh air and nature



Keeping You Connected

We offer a full range of activities designed to support our residents mentally, physically and spiritually, encouraging independence and keeping them active and connected to the community around them.

- Gentle exercise classes
- Music
- Crafts
- Discussion groups
- Religious services
- Monthly birthday parties
- Shopping expeditions
- Local outings
- Pet therapy