



## September Newsletter

### Hillcrest Hikers Walk To End Alzheimer

Hillcrest Commons is participating in the 2017 Alzheimer's Association Walk to End Alzheimer's®, the nation's largest event to raise funds and awareness to fight Alzheimer's disease. The Hillcrest Commons Team - **Hillcrest Hikers** will walk on: **Saturday 23<sup>rd</sup> September 2017 at Ashuwillticook Rail Trail**. We would like to invite you to fight this disease, by joining us on the walk. Please contact Deirdre Tozer – Hayes directly on (413-445-9747) if you would like to join our team on the day. Funds raised at the September Travel the World dinner will be donated to the Alzheimer's Association. To see more about the Hillcrest Hikers Team go to <http://act.alz.org/goto/hillcresthikers>

### Hillcrest Commons - Fundraising

To help raise funds for the Alzheimer's Association Hillcrest Commons is running the following events. All proceeds will be donated to the Alzheimer's Association.

- September - Travel the World Dinner
- Wednesday 13<sup>th</sup> September – Family and Friends Dinner with residents from Hillcrest Commons Alzheimer's unit
- Friday 22<sup>nd</sup> September – Staff lunch
- Saturday 23<sup>rd</sup> September – Hillcrest Hikers join the Walk to End Alzheimer's

### Travel the World Winners

Congratulations to Dorothy Watroba and Beverly Martin who were successful winners in our July Travel the World Draw. They won a complimentary Travel the World Dinner (Dorothy Watroba) and dinner for 4 delivered to their house (Beverly Martin).

### Infosource

A team from Hillcrest Commons representing admissions, nursing and dietary was at Pittsfield Community TV this week to film the Berkshire Healthcare Systems' Infosource show. The 30 minute show is televised for the local community station and youtube. The team talked about the success of Hillcrest Commons recent 5 Star and Silver Award as well as the private rooms which include menu ordering for room service.