





August Newsletter

<u>Hillcrest Commons receives national award for best practices in quality care</u>

The American Health Care Association and National Center for Assisted Living (AHCA/NCAL) recently announced the selection of Hillcrest Commons Nursing & Rehabilitation Center as a recipient of the 2017 Silver – Achievement in Quality award for its outstanding performance in the health care profession.

Hillcrest Commons is one of only nine facilities in Massachusetts, and one of 191 facilities in the nation, selected to receive the silver award in 2017. The competitive award program highlights select centers across the nation that serve as models of excellence in providing high-quality long-term care.

"We are proud to have received the Silver Award and we're pleased that an independent panel of examiners saw the high value we place on quality care and service excellence," said Delores Duncan, Administrator at Hillcrest Commons, which is an affiliate of Berkshire Healthcare. "Our focus at Hillcrest has always been on people. We want to continue to evolve our quality care and service to even greater heights."

Hillcrest Commons receives CMS 5-Star Rating

After their yearly survey Hillcrest Commons are celebrating receiving a 5-star quality rating from the Massachusetts Center for Medicare & Medicaid Services (CMS). CMS created the Five-Star Quality Rating System to help consumers, their families, and caregivers compare nursing homes more easily and to help identify areas about which you may want to ask questions. The Nursing Home Compare Web site features a quality rating system that gives each nursing home a rating of between 1 and 5 stars. Nursing homes with 5 stars are considered to have much above average quality and nursing homes with 1 star are considered to have quality much below average. There is one Overall 5-star rating for each nursing home, and a separate rating for each of the following three sources of information: **Health Inspections – Staffing – Quality Measures (QMs)**. Visit www.medicare.gov/nursinghomecompare for the most recent 5 - star rating.

Hillcrest Hikers Walk To End Alzheimer

Hillcrest Commons is participating in the 2017 Alzheimer's Association Walk to End Alzheimer's®, the nation's largest event to raise funds and awareness to fight Alzheimer's disease. The Hillcrest Commons Team - **Hillcrest Hikers** will walk on: **Saturday 23rd September 2017 at Ashuwillticook Rail Trail.** We would like to invite you to fight this disease, by joining us on the walk. Please contact Deirdre Tozer – Hayes directly on (413-445-9747) if you would like to join our team on the day. Funds raised at the September Travel the World dinner will be donated to the Alzheimer's Association. To see more about the Hillcrest Hikers Team go to http://act.alz.org/goto/hillcresthikers