


**Count on Hillcrest Commons for short-term rehabilitation and long-term care. Our specialty care services include:**

- Dedicated orthopedic recovery program
- Post-acute care
- Skilled nursing
- Certified Alzheimer's/dementia care unit
- Ventilator program
- Behavioral health program
- Respite care

**Hillcrest  
Commons**  
*Nursing & Rehabilitation Center*

 A Member of Berkshire Healthcare  
Managed by an Affiliate of Berkshire Health Systems

169 Valentine Road • Pittsfield, MA 01201

**413-445-2300**


[www.hillcrestcommons.org](http://www.hillcrestcommons.org)



## **A Dedicated Approach to Post-Surgical Orthopedic Recovery**

Proud to offer an enhanced short-term rehabilitation experience with dedicated private rooms for recovery and rehabilitation following orthopedic surgery.

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***We're Perfecting the Art of Superior Care***

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“I had a beautiful private room when I came here for my rehabilitation after total knee replacement. Everyone was very attentive to my needs. Many therapists worked with me daily, both physical and occupational therapy, and I was able to leave earlier than expected.”

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– letter from a Hillcrest Commons orthopedic rehab patient



## Focused on You

Take the time to focus on your recovery when transitioning home following total joint replacement and other orthopedic surgery.

Our dedicated orthopedic recovery rooms provide a comfortable, relaxing place to recuperate after surgery, with attentive clinical staff available whenever needed. Our professional rehab team is available seven days a week, as prescribed by your physician, to help you rebuild mobility and function before returning home.

Private patient rooms are reserved for orthopedic patients and offer enhanced amenities including private sitting areas, flat-screen TVs and room service with flexible menus. Family and friends can join you for a meal in your room or in our Pub room nearby. We also welcome pet visits, making a stay with us even more like a vacation.



## Taking the Next Step in Orthopedic Recovery

Our orthopedic rehabilitation program allows patients to take the time to heal before resuming their normal routine. In between rehabilitative therapy sessions, our patients are treated like guests in our dedicated short-term rehab wing. We even take reservations for recovery following scheduled surgery.

### Our orthopedic recovery rooms feature:

- Spacious, oversized private rooms designated specifically for joint replacement patients
- Fully furnished with sitting area, flat-panel TV, mini fridge with freezer, Keurig coffee maker, microwave, and private bathroom
- Room service menu delivered according to patient preferences
- Pub room available for eating with family and friends
- Professional rehabilitation services, including physical therapy, occupational therapy and speech therapy available seven days a week as prescribed by a physician
- Concierge service to ensure needs are met and to aid in open communication
- Nurse practitioner available on-call for continuity of care
- Comprehensive patient education to support a successful recovery
- Orthopedic surgeon updated weekly and as needed for effective care coordination
- RN available to accompany patient to follow-up appointments with surgeon if necessary
- Pets are welcome to visit





## Personalized Care Close to Home

Plan for your recovery when scheduling joint replacement or other orthopedic surgery. Schedule a personal tour, and reserve your private room.

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“My experience and rehabilitation here was absolutely wonderful. Physical and occupational therapy staff are the best I have experienced. Activities were relaxing as well as therapeutic. The nursing staff is so professional, yet very pleasant, compassionate and attentive, checking on patients even before the call bell. I would recommend the orthopedic rehabilitation here without hesitation.”

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– letter from a Hillcrest Commons orthopedic rehab patient